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Recovery

For restoring the body after adventure
and active days

Ijen Escape

120 Minutes

650

Designed for post-adventure recovery after hiking, cycling, or exploring Banyuwangi, this treatment helps tired muscles recover and restore energy. Begin with a 90-minute therapeutic massage followed by a soothing 30-minute foot massage to ease fatigue and leave the body feeling refreshed.

Grounding Shiatsu Release

60 Minutes

500

Experience deep relief through Shiatsu, a dry massage technique that uses firm, rhythmic pressure without oils to target tension points and restore balance. Ideal for those who prefer strong, intentional touch, this grounding treatment helps release blockages, ease chronic stress, and promote a deep sense of calm and clarity.

Deep Recovery Massage

90 Minutes

500

Experience complete rejuvenation through a combination of long Balinese massage strokes, Swedish deep tissue techniques, acupressure point stimulation, and Thai stretching. Designed to ease muscle tension, restore mobility, and support post-activity recovery, this treatment leaves the body feeling lighter, more flexible, and renewed.

Targeted Relief

45 Minutes

300

The perfect pick-me-up for high-tension areas, helping ease aches, stiffness, and built-up tension. Choose between the neck and shoulders, back, or feet, and leave feeling lighter, refreshed, and restored.

Warm Stone Massage

90 Minutes

525

Melt away muscular tension with this deeply soothing treatment. Following a relaxing foot bath, smooth heated river stones gently warm and ease tight muscles while helping improve circulation and reduce physical fatigue. The warmth promotes deep relaxation and leaves the body feeling restored and refreshed.

Reflexology

60 Minutes

350

Relax as your therapist applies targeted pressure to key reflex points on the feet. Particularly beneficial after long walks or active days, this treatment helps ease foot fatigue, improve circulation, and promote an overall sense of balance and wellbeing.

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Slow Wellness

For moments of calm, stillness
and reconnection

Balinese Massage

60 Minutes

400

Combining gentle stretching, long therapeutic strokes, skin rolling, and acupressure techniques, this ancient Balinese healing massage helps ease muscle pain and release tension from deep within the muscles to improve blood flow and joint mobility. A truly relaxing indulgence.

Head & Feet Renewal

30 Minutes

250

A soothing treatment for hardworking feet and a tired mind, designed to ease built-up tension and leave you feeling lighter and refreshed.

Sea Salt Body Polish

60 Minutes

400

Starting with a soothing back massage to encourage relaxation, this rejuvenating treatment combines mineral-rich exfoliation to gently remove dull skin and reveal smoother, softer, and refreshed skin.

Ocean Calm

105 Minutes

600

This relaxing treatment begins with an indulgent 75-minute warm stone massage and continues with a 30-minute foot massage. The perfect combination to stimulate circulation, relieve tension, and leave you feeling as light as air.

Scalp & Head

60 Minutes

350

Enjoy a soothing massage of the scalp, back, neck and shoulders. This deeply relaxing therapy is effective in combating stress, boosting blood circulation, and easing headaches.

Tabuhan Day Dreamer

120 Minutes

685

Unwind with a deeply relaxing 60-minute Balinese massage, followed by a rejuvenating sea salt body scrub to gently exfoliate and soften the skin. Complete the experience with a refreshing rinse, leaving you renewed and glowing.

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Spa Etiquette

Arrival

Please be early. Kindly arrive at least 15 minutes before your treatment is scheduled. Late arrival may mean your treatment time is reduced.

Cancellation

Reservations cancelled within 8 hours will be subject to a charge of 50% of the listed price. Treatment times may be changed subject to availability.

Spa Attire

Please wear comfortable attire. Robes and disposable underwear will be provided. You may choose to wear your own underwear or swimwear during your treatment.

Allergies

Please let our spa host know of any health-related issues or known allergies. Simple patch tests will be performed before any treatment to ensure the selected product is right for you.

Products

All our spa products are created using 100% natural ingredients, free from synthetic preservatives and additives.