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BALINESE MASSAGE | 60 Minutes

400

Combining gentle stretching, long therapeutic strokes, skin rolling, and acupressure techniques, this ancient Balinese healing massage helps ease muscle pain and release tension from deep within the muscles to improve blood flow and joint mobility. A truly relaxing indulgence.

THERAPEUTIC MASSAGE | 90 Minutes

500

Experience complete rejuvenation with a combination of long Balinese massage strokes, Swedish deep tissue techniques, acupressure point stimulation, and Thai stretching. This holistic massage helps relieve muscle tension, improve blood circulation and increase mobility, leaving you feeling relaxed and renewed.

WARM STONE MASSAGE | 90 Minutes

525

Melt tension away with this muscle-soothing massage. Following a relaxing foot bath, smooth, heated river stones massage the body gently to relieve physical and emotional stress. The stones are also placed on specific energy points to deeply relax the muscles and encourage healing from within.

REFLEXOLOGY | 60 Minutes

350

Relax as your therapist stimulates reflex points on your feet that correspond to every organ and system in the body. This ancient healing technique helps correct imbalances by unblocking the body's vital energy flow and boosting its natural self-healing processes.

NECK AND SHOULDER, BACK OR FOOT MASSAGE | 45 Minutes

300

The perfect pick-me-up for high-tension areas, providing fast relief from aches, pain, and stiffness. Feel lighter and more relaxed in no time!

HEAD MASSAGE | 60 Minutes

350

Enjoy a soothing massage of the scalp, back, neck and shoulders. This deeply relaxing therapy is effective in combating stress, boosting blood circulation, and easing headaches.

BODY SCRUB | 60 Minutes

400

A rejuvenating treatment made with mineral-rich ingredients that will leave your skin feeling refreshed and silky smooth.

HEAD AND FEET MASSAGE | 30 Minutes

250

The perfect remedy for hardworking hands and feet, providing soothing relief from tiredness and tension.

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SIGNATURE TREATMENTS

BOREH SPICE RITUAL | 90 Minutes

425

Experience the therapeutic benefits of a Balinese boreh body wrap made from a blend of root spices grown in our organic garden. Practiced for centuries, the boreh is perfect for soothing muscle tension, improving blood circulation, and removing toxins. After a relaxing 30-minute back massage, a boreh body mask is applied, wrapped in banana leaf, and left to work its magic. This deeply rejuvenating ritual ends with a scrub to leave skin smooth and radiant.

RELAXATION REMEDY | 105 Minutes

600

This relaxing treatment begins with an indulgent 75-minute warm stone massage and continues with a 30-minute foot massage. The perfect combination to stimulate circulation, relieve tension, and leave you feeling as light as air.

IJEN ESCAPE | 120 Minutes

650

This is the ideal treat after a day of intense physical activity. Feel tiredness dissolve and your energy restored with a 90-minute therapeutic massage followed by a pampering 30-minute foot massage.

TABUHAN DAY DREAMER | 150 Minutes

675

Pamper yourself with an hour of Balinese massage followed by a body scrub. Complete your indulgence with a refreshing Boreh Spice Ritual to reveal your skin's radiant glow.



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SPA ETIQUETTE

ARRIVAL

Please be early. Kindly arrive at least 15 minutes before your treatment is scheduled. Late arrival may mean your treatment time is reduced.

CANCELLATION

Reservations cancelled within 8 hours will be subject to a charge of 50% of the listed price. Treatment times may be changed subject to the availability of our spa host.

SPA ATTIRE

Please wear comfortable attire. Robes and disposable underwear will be provided. You may choose to wear your own underwear or swimwear during your treatment.

ALLERGIES

Please let our spa host know of any health-related issues or known allergies. Simple patch tests will be performed before any treatment to ensure the selected product is right for you.

PRODUCTS

All our spa produces are created using 100% natural ingredients, free from synthetic preservatives and additives.